

## **Resilience Trumps ACES<sup>®</sup> (Adverse Childhood Experiences)**

Presented by Ann Aubuchon M.S. A Deeper Way, A Calmer Way

This training will share the data from the original Adverse Childhood Experience study and its effect on brain development, physical and mental health, education and life trajectory. Just as important is the research on how resilience reduces these negative effects. A caring adult using trauma informed strategies can significantly change these negative outcomes. Many strategies that increase resilience will be shared in this presentation as well. Presentation will be interactive. Share personal challenges and success. Take the ACEs test. Play the Resilience Trumps ACEs card game. Connect with others. Leave feeling enlightened, empowered and supported!

**Registration is required. Some classes may have prerequisites.**

To register, go to [allianceforchildwelfare.org](http://allianceforchildwelfare.org), select [Our Courses](#), and search for your class.

If you have questions, contact Shelly Myers at [mysh300@uw.edu](mailto:mysh300@uw.edu) or 206-221-0308.

For registration support contact 1-866-577-1915 or email [help@acwe.on.spiceworks.com](mailto:help@acwe.on.spiceworks.com)

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**Tuesday, January 23, 2018**  
**6:00 p.m. – 8:00 p.m.**

Longview Public Library  
1600 Louisiana Street-Conference Room  
Longview WA 98632

For a complete listing of our statewide training opportunities, go to  
[allianceforchildwelfare.org](http://allianceforchildwelfare.org)