Child-Adult Relationship Enhancement (CARE) is a trauma-informed way for any adult to interact with any child or teen. It seeks to increase positive child-adult interaction, child compliance, and child engagement.

CARE uses ideas and skills derived from evidence-based, positive parenting programs. CARE is not therapy but can complement ongoing therapeutic services. During a multi-hour training, participants will learn a skill set that will enhance child-adult relationships in any setting and with a multitude of child populations ages 2-18.

Who CAREs?
CARE is for any adult working with children or teens to improve relationships and reduce mild to moderate behavior challenges:

- Parents (foster, kinship, adoptive, biological)
- School personnel
- Medical and allied health professionals
- Mental health professionals
- Autism service providers
- Child welfare or advocates
- Early childhood program providers
- Home Visitors
- Shelter, residential, substance abuse treatment staff.

Through a positive relationship, a child’s social-emotional development and learning potential are enhanced.

Skills Preview
Participants will learn and practice skills designed to strengthen healthy relationships. Trainers give live feedback to enhance learning of CARE skills. Modifications to training can be made for use with adolescents.

CARE training targets two key concepts:

- **Positive Relationships**: Skills and techniques that work together to strengthen relationships, improve communication, and reduce problematic behaviors.
- **Increased Compliance**: Tips and strategies to improve the likelihood of following adult directives.

When
Tuesday, September 25, 2018
CARE training (half day)
• 9:00 am-12:00 pm
CARE & facilitator training (full day)
• 9:00 am-4:00 pm

Where
Snoqualmie Valley Hospital
9801 Frontier Ave. SE
Snoqualmie, WA 98065

Cost
$100 for CARE training
$850 for CARE & facilitator training

Space is limited. Registration required by 9/15/18 to megan.walsh@encompassnw.org. Please make sure you meet the requirements to sign up for facilitator training (see reverse).
About the Trainer

Robin Gurwitch, Ph.D.
Professor, Duke University Medical Center
Co-developer of CARE
PCIT Master Trainer

Dr. Gurwitch, a clinical psychologist, is involved in research, service, training, and consultation for CARE and Parent-Child-Interaction Therapy (PCIT). Additional areas of expertise include children with trauma histories and children impacted by substance abuse. She has adapted PCIT and CARE for use with military families.

Why CARE?

Nationally, 99% of participants report learning at least one useful skill, and 98% would recommend the training to a colleague. CARE blends lecture, activities, and live practice with trainer feedback to create a fast-paced, fun-filled training experience.

Become a CARE Facilitator!

To become a CARE facilitator, participants must:

- Have completed training in at least one of the following evidence-based models: Helping the Non-Compliant Child (HNC), Incredible Years (IY), Parent-Child Interaction Therapy (PCIT), or Parent Management Training-Oregon Model (PMTO)
- Participate in a half-day CARE training
- Participate in a half-day CARE facilitator training
- Participate in consultation calls following CARE facilitator training
- Facilitate at least 1 CARE training within 1 year of facilitator training

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